Walk a Crooked Path
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Below is a 7×7 board with three squares removed.

You walk a path from square to square (adjacent horizontally or vertically), without visiting any square more than once. You may start on any square and end on any square, and do not need to visit every square. Find a path that has as many quarter turns as possible, i.e. what is the most crooked path you could walk?

This puzzle and its solution can be found on my web site:

https://www.jaapsch.net/g4g/g4g14.htm